

# THE CHRISTOPHER LEADERSHIP COURSE...

*Courage...Spirit...  
Faith...Enthusiasm...  
Forgiveness...Hope...  
Patience...Love...*

**Finding Your Way  
Back To God**

**Spark Of Life**

**Let Go,  
Let God**

**Live Joyfully**

**You Can  
Change  
The World!**



## WHO TAKES THE COURSE?

Adults of all professions, faiths, and backgrounds, who want to be more effective in their own lives and in the lives of others.

The Course helps individuals to...

- Build self-confidence.
- Develop leadership qualities.
- Grow in faith and courage.
- Develop a likable personality.
- Think and act more positively.
- Sharpen communications skills.



*"Love of people for love of God is an essential quality of a true leader."*

Fr. James Keller, M.M.

## CHRISTOPHER LEADERSHIP

The Christophers believe in you, your leadership potential, and your ability to influence others in positive ways! Our Leadership programs can help you understand and practice basic skills, habits, and attitudes necessary to use your leadership abilities daily.

The Christopher Leadership Program reaffirms a belief in God, in self, and in the power of one person to make this a better world. Leadership instructors motivate individuals to make a positive difference through simple, everyday actions.

Participants learn by doing—in dynamic small group activities, class discussions, and through personal reflection and classwork. Class size is limited to allow for maximum participation. Whether shy, outgoing, or somewhere in-between, you will find our classes engaging, inspirational and fun!

Christopher Leadership Programs are open to any adult eighteen years or older. Persons of all faiths and beliefs are welcome.

Available Classes:

- Weekend Course
- One-Day Workshop

For Additional Information:

**THE CHRISTOPHERS**  
**Contact Class Coordinator:**  
**Pam Hammond**  
**Mobile: 845-661-5159**  
**phammond@hvc.rr.com**



## COMMENTS FROM GRADUATES

*"I have benefitted mentally, spiritually, and professionally by becoming a better communicator. This has helped me both at home and in my profession."*

—Christopher C., NY

*"This [Course] was the catalyst that transformed my life...I became a motivational speaker and have trained over 180,000 adults throughout the U.S. I believe in the power of one person and the profound impact everyone has to share."*

—Gloria H., MI

*"This course not only is wonderful for anyone who wants to improve public speaking skills but teaches something missing in more well-known seminars—to speak honestly and from the heart."*

—Sanders M., IL

*"The course will help you gain confidence in yourself...conquer your fear of public speaking. You will make new friends and it is loads of fun."*

—Sherry H., IN

*"The course helped me feel more positive about my family, my career and most importantly, about myself."*

—Barbara K., IL

*"The course increased my confidence and decreased my anxiety when I must speak in front of a group of people. It also helped me to voice my opinion more in social and business situations."*

—Tony R., NY

*"The weekend [course] was filled with valuable information to enrich our lives as Catechists and leaders within our parish and community."*

—Magdalena G., IL

## CLASS FUNDAMENTALS

### SELF-CONFIDENCE

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Are you afraid to speak up when it really counts? Having confidence is an essential quality of a leader. Learn how to build your confidence, gain courage, and draw upon your inner strength when it's needed.

### SPEAKING SKILLS

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Become an effective communicator to get your ideas and message across to others. Learn to organize your thoughts so you can speak clearly when you're put on the spot. Overcome stage fright. Speak with conviction, and you will be more believable.

### PERSONAL RELATIONSHIPS

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"People skills" are essential for a deeper understanding of the feelings and needs of others. Learn to win people's respect and trust; inspire cooperation and mutual understanding to achieve goals.

### A SENSE OF PURPOSE

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Put more purpose into your life by recognizing opportunities in front of you; make your life more worthwhile and rewarding. The journey to discover your life's mission begins with a single step!



## ABOUT THE CHRISTOPHERS

### *"It's Better to Light One Candle Than to Curse the Darkness."*

Convinced of the profound ability of each person to shape the future, Father James Keller, M.M., founded The Christophers in 1945. The Maryknoll priest believed that God has given everyone a unique task in life that belongs to no one else.

This sense of personal mission and the power of goodness is the heart of the Christopher message. It is summed up by the ancient Chinese proverb that has become our motto: *"It's better to light one candle than to curse the darkness."*

The Christopher approach to problems is to put hope into action! Visit our website to find inspiring and uplifting materials available in print or downloadable formats. Our message is simple and applies to people of all faiths or of no faith:

- You have a God-given mission.
- You can make a difference.
- Constructive action works miracles.



**THE CHRISTOPHERS**  
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